

# Hurstpierpoint Gymnastics Club

## Covid Policy

Hurstpierpoint Gymnastics Club (HGC) confirms its commitment to offering a safe environment for activities and opportunities to all its gymnasts, parents, volunteers and employees. This includes safety regarding the Covid pandemic.

1. Information about COVID
2. Preventing the spread of infection
3. Guidance on dealing with suspected or confirmed cases of COVID.
4. Guidance on dealing with children who have travelled to affected countries/regions.
5. Guidance on cleaning the Club after a case of COVID (suspected or confirmed)
6. Guidance to assist professionals

### 1. Information about the virus

Please see the government's information on [www.gov.uk](http://www.gov.uk) and search for coronavirus epidemiology.

### 2. Preventing the spread of infection

There is further information on the [www.gov.uk](http://www.gov.uk) website regarding measures that must or may be taken. This is subject to change at frequent intervals, so please consult the website for the most up to date situation.

At Hurstpierpoint Gymnastics Club we have eased our requirements since lock-down, but as of the start of the Autumn Term 2023 have adopted the following as a new 'normal' :-

- a) Requiring gymnasts and coaches not to attend if they either have covid or have a temperature or any other symptoms.
- b) Request to be informed of any gymnasts or coaches with covid – even if not attending.
- c) Ventilate the hall as much as the temperature allows.
- d) Require gymnasts to gel on entry and exit.
- e) Require coaches to gel on entry, between each class and on exit.
- f) Require children and coaches to wash their hands for at least 20 seconds after using the toilets.
- g) Require parents not to enter the Centre.
- h) Require children to follow our one-way system – leaving the Centre by the Club Suite entrance.  
This does not apply to the last evening classes where there is no class following.
- i) Require gymnasts to put shoes, water-bottles and other belongings in their own dedicated hoop space.
- j) Require that all equipment is cleaned at regular intervals.

### 3. Guidance on dealing with suspected or confirmed cases of COVID

#### 3.1 What to do if a child or adult becomes unwell with symptoms of COVID

- Call the child's parents immediately to request they collect their child.
- If an adult shows symptoms, they should leave immediately and return home
- Call NHS 111 or 999 in an emergency (if they are seriously ill or their life is at risk).
- While you wait for advice, take the child out of the hall. The child should avoid touching other people, surfaces and objects and be advised to cough or sneeze into a tissue and put this into a separate bin bag. The room will be cleaned once the child has left. If they need to go to the bathroom while waiting to be collected they will be taken by a member of staff ensuring they do not come into contact with other children or adults. The toilet will be cleaned once the child has finished.

### 3.2 Getting tested

The parent of the child or staff member who has symptoms must call 111 or apply online immediately and request a test. Tests are available for all staff members and their families, children attending the setting and their families. If any person in a staff member's household shows any symptoms of COVID the family must be tested. The staff member cannot attend the Clubs whilst they await the result of the test and the entire household must isolate. The Club must be informed of the result of the test as soon as possible to enable appropriate action to be put in place if required.

### 3.3 What to do if a case of COVID is suspected at the Club

If there is a suspected case in the club, the facility will be closed for cleaning.

Parents of children in the relevant group (s) will be contacted.

### 3.4 What to do if a case of COVID is confirmed at the Club.

An assessment of the situation will be undertaken by appropriate staff. Advice will be given on the management of children and staff depending on this assessment. The patient's family will be advised on isolation and identifying other contacts and will be in touch with contacts of the patient to give advice. Advice on cleaning of communal areas will be carried out. The families infected should follow current NHS advice.

## **4. What to do if children or staff return from travel outside the UK.**

The Club will follow government advice on anyone returning from abroad, at the time of the event.

## **5. Guidance on cleaning the Club after a case of COVID (suspected or confirmed)**

The Club in conjunction with the Village Centre will follow whatever the current guidance recommends.

## **6. Guidance to assist professionals**

Guidance to support professionals is regularly being reviewed, update and published. Up to date advice can be found through the following links.

COVID latest information and advice <https://www.gov.uk/coronavirus>

Guidance for educational settings <https://www.gov.uk/coronavirus/education-and-childcare>

Guidance for parents <https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parentsand-carers>

Guidance for employers and business <https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19> <https://www.acas.org.uk/coronavirus>

Contact details for NHS and PHE NHS call 111 PHE Surrey and Sussex Health Protection Team (South East), County Hall, Chart Way, Horsham, RH12 1XA PHE.sshpu@nhs.net Phone: 0344 225 3861 (option 1 to 4 depending on area)

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