

Hurstpierpoint Gymnastics Club

Health & Safety Policy

Hurstpierpoint Gymnastics Club (HGC) confirms its commitment to offering a safe environment for activities and opportunities to all its gymnasts, parents, volunteers and employees. It confirms its ethos that the Club shall actively look after the health and well being of all its contacts.

Premises

The Club principally operates at Hurstpierpoint Village Centre (HVC), run by the Parish Council. The Council has in place all aspects of safety of the premises - electrical, gas, heating, emergency escape routes, fire detection & fire fighting maintenance checks and certificates. Any deficiencies in the premises should be notified to the Council for remedial action.

Fire Safety

As above, the responsibility for the premises lie with the Parish Council.

The Club shall undertake Fire Drills, notifying participants of action to be taken and including full evacuation at regular intervals. These drills shall be recorded in the charity's Fire Record book and held for our own records.

Any equipment purchased is always 'fire retardant' when available.

NB The Club store has a 'fire cracker' to permit foam fumes to escape from the building.

Equipment

The Club owns its own equipment, which undergoes a maintenance check every year.

The electrical equipment used is subject to Portable Appliance Tests (PATs).

Risk Assessment

These are carried out at the start of each session.

First Aid and Accidents

The Club has qualified First Aiders in attendance and keeps a log of any incidents in a record book. In addition to the Club's First Aid box, a comprehensive First Aid box is maintained by the council, sited in the main kitchen.

Safeguarding

The Club has a Safeguarding Policy that covers all aspects of personal safety etc.

Clothing

Coaches should always be correctly dressed - including safe footwear where appropriate.

Gymnasts and coaches should always wear suitable attire with no loose clothing. No jewellery should be worn and shoulder length hair should always be tied back, gymnasts work is done barefoot. Parents are advised to provide warm clothing for the end of sessions.

Revised January 2025

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